

Do a patch test first

Do a patch test first for six days. Follow the directions of use as below. However, instead of applying to the entire facial area only apply a small amount of the peeling formula (Cerate 39XXX) to a small area (about 2cm by 2cm). Apply to the area between the chin and the neck.

After six days the test area may have peeled or flaked. You may feel “nothing has happened” but your test is over. Remember to call our Customer Service section on 1-866 208 1357 (USA) or 0845 130 4505 (UK) before doing a full-face peel. You can also e-mail us at info@skinculture.com

Until peeling is completed it is recommended that no other preparations, treatments, soaps or make-up be applied. Lipstick and eye make-up are allowed. Avoid shaving the face. Old skin should not be picked or pulled on – it should loosen and come off without pain. You must use a sun block with a minimum SPF15 for 30 days after peeling treatment regardless of weather conditions. Leave at least 30 days between peels.

PEEL 4000 Directions for the use of:

1st day CERATE 39XXX: Thoroughly clean face with cleanser. Wait five minutes then apply the entire contents of one of the jars of peeling cream (Cerate 39XXX) with applicator over entire face. Do not rub in. Upon application, a hot stinging sensation occurs. Leave crème on face for 90 minutes then remove with applicator. To remove excess cream rub in Vaseline and wipe off with tissue or cotton pads. Wait at least 8 hours before rinsing with warm water and cold water. Face may become slightly red.

2nd day CERATE 39XXX: Wash face with cold water (do not use soap or cleanser). Wait five minutes then apply the entire contents of one of the jars of peeling cream (Cerate 39XXX) with applicator over entire face. Do not rub in. Upon application, a hot stinging sensation occurs. Leave crème on face for 90 minutes then remove with applicator. To remove excess cream rub in Vaseline and wipe off with tissue or cotton pads. Wait at least 8 hours before rinsing with warm water and cold water. The skin may become a deeper red and in some cases, a dark tan. Face may become tight.

3rd day CERATE 39XXX: Wash face with cold water (do not use soap or cleanser). Wait five minutes then apply the entire contents of one of the jars of peeling cream (Cerate 39XXX) with applicator over entire face. Do not rub in. Upon application, a hot stinging sensation occurs. Leave crème on face for 90 minutes then remove with applicator. To remove excess cream rub in Vaseline and wipe off with tissue or cotton pads. Wait at least 8 hours before rinsing with warm water and cold water. The face may continue to feel tight.

4th day CERATE 39XXX: Wash face with cold water (do not use soap or cleanser). Wait five minutes then apply the entire contents of the remaining jar of peeling cream (Cerate 39XXX) with applicator over entire face. Do not rub in. Upon application, a hot stinging sensation occurs. Leave crème on face for 90 minutes then remove with applicator. To remove excess cream rub in Vaseline and wipe off with tissue or cotton pads. Wait at least 8 hours before rinsing with warm water and cold water. The face may continue to feel tight. **Do not pick or pull at old skin.**

5th day NORMALIZER: Apply a thick layer of Normalizer Cream. Leave on for 90 minutes then remove with cotton pads or tissue. **Do not pick or pull at old skin.**

6th day NORMALIZER: Apply a thick layer of Normalizer Cream. Leave on for 90 minutes then remove with cotton pads or tissue. **Do not pick or pull at old skin.** If peeling continues beyond Day 6, do not worry. Continue to use the Normalizer Cream and call customer services.

CAUTION:

For external use only. Avoid areas of eyes and mouth.
Store in a cool place.
Keep out of reach of children.
Slight stinging, swelling and redness may result from normal use.
If irritation persists after completion of treatment, consult a Doctor.
Not to be used during pregnancy or breast-feeding.

PLEASE NOTE:

No creams, lotions, soaps or other preparations should be used on the area being treated until peeling is completed.
For facial use only.
Do not apply Cerate 39XXX to already peeled skin.
Cerate 39XXX Cream contains Lanolin.

Sequence of events

The 1st, 2nd and 3rd days

Your skin will feel tight and sensitive and will take on a healthy robust look. In some cases, it will assume an uneven darker appearance with brown spots becoming more noticeable. If you have fair skin, you will look as if you have sunburn.

The 4th day

Your skin will feel tight. You will notice a slight crinkling around the area being treated. Slight flaking may occur. Do not pick or pull at old skin as it is peeling off.

The 5th and 6th days

Skin will continue to flake or peel away from the area being treated. In certain circumstances, flaking may continue beyond the sixth day. Do not pick or pull on the old skin. Let it peel away naturally.

Note:

1. If you are in constant sunlight, an uneven tanning can result during the first thirty days after you peel. To avoid this use Skin Culture's Advanced Protection SPF30 for 30 days following a skin peel regardless of weather conditions.
2. Peeling will normally occur on days five and six of the six-day process. However, with some clients peeling may begin as early as day three or four. Conversely, others may not begin peeling until day seven or eight. Everyone is different and as such the peeling process will vary from individual to individual.
3. Some minor breaking out may occur. This is a normal part of the deep pore cleansing that occurs during a facial peel.
4. Asian, Black or dark Caucasian skinned people may experience a lightening or darkening of the skin following the peeling treatment. Do not worry, as the new skin should blend with the surrounding skin over a 30 day period.
5. The treatment will not remove pitted acne scarring lying deep in the dermis of the skin. However, it should help to improve the appearance of these marks.
6. Remember to call Customer Services before commencing the Peel Treatment.